

In *The Edible South*, Marcie Cohen Ferris presents food as a new way to chronicle the American South's larger history. Ferris tells a richly illustrated story of southern food and the struggles of whites, blacks, Native Americans, and other people of the region to control the nourishment of their bodies and minds, livelihoods, lands, and citizenship. The experience of food serves as an evocative lens onto colonial settlements and antebellum plantations, New South cities and civil rights-era lunch counters, chronic hunger and agricultural reform, counterculture communes and iconic restaurants as Ferris reveals how food--as cuisine and as commodity--has expressed and shaped southern identity to the present day. The region in which European settlers were greeted with unimaginable natural abundance was simultaneously the place where enslaved Africans vigilantly preserved cultural memory in cuisine and Native Americans held tight to kinship and food traditions despite mass expulsions. Southern food, Ferris argues, is intimately connected to the politics of power. The contradiction between the realities of fulsomeness and deprivation, privilege and poverty, in southern history resonates in the region's food traditions, both beloved and maligned.

Libertad y generosidad: Textos Morales (Spanish Edition), *The Dark Ages*, *Babies Make Music! For Parents and Their Babies*, *Circus Dog Stickers (Dover Stickers)*, *The Architecture Of Country Houses: Including Designs For Cottages, Farm Houses, And Villas, With Remarks On Interiors, Furniture, And The Best Modes Of Warming And Ventilating*, *Coaching & Playing The Modern Wingback Position In Soccer: Specific Wingback Positional Guide For Coaches & Players*, *Die vergessene Welt (German Edition)*, *U-Haul and Me*, *101 Ways to Stress-Free Living: How to Declutter Your Mind, Body, and Soul*,

*The Edible South: The Power of Food and the Making of an American Region*; Marcie Cohen Ferris; ; Book; Published by: The University of North Carolina .

*The Edible South: The Power of Food and the Making of an American Region* the politics of power and place has established a complex regional cuisine of. Book Review: *The Edible South: The Power of Food and the Making of an American Region*. Ann E. McCleary. *The Public Historian* Vol. 37 No. 2, May (pp. *The Edible South: The Power of Food and the Making of an American Region* marks the maturation of southern food studies, a field that has. *The Edible South: The Power of Food and the Making of an American Region*. By Marcie Cohen Ferris. (Chapel Hill: University of North Carolina Press,

*The Edible South* has 43 ratings and 4 reviews. blue-collar mind said: Saw this *The Edible South: The Power of Food and the Making of an American Region*.

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